






ActivCare at Bressi Ranch

August 2017



ActivCare Daily Activities

Neighborhood Walks
What's News
Music That Matters
Exercise in Motion
Think It - Say It
Creative Arts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 Today's News 9:00 Body in Motion Exercise 9:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 White Board Brain Games 12:00 Lunch 1:00 1930's Path to Progress 1:30 Music with Kerry and Ellie 3:00 Dessert & Coffee Social 3:30 Biography Hour 5:00 Dinner 6:00 Moonlight Movie	2 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club/ Scenic Bus Ride 10:45 <i>It's Ok to Be Smart</i> Trivia 12:00 Lunch 1:00 Bean Bag Toss Competition 2:00 <i>You Be the Judge</i> Discussion 3:00 Dessert & Coffee Social 3:30 Travelogue Club 5:00 Dinner 6:00 Moonlight Movie	3 Watermelon Day 8:30 Local News 9:00 Chair Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Watermelon Party! 12:00 Lunch 1:00 Bowling with Friends 2:00 Red Hat Club 2:00 Unlock the Memories 3:00 Dessert & Coffee Social 3:30 Flower Arranging 5:00 Dinner 6:00 Moonlight Movie	4 8:30 Today's Current Events 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Balloon Badminton 12:00 Lunch 1:00 Basketball Toss 2:00 Sing Along 3:00 Dessert and Coffee Social 3:30 Prize BINGO! 5:00 Dinner 6:00 Moonlight Movie	5 8:30 Today's Current Events 9:00 Saturday Seated Exercise 9:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Alphabet Soup Game 12:00 Lunch 1:00 Parachute Activity 2:00 Mismatch Game 3:00 Dessert and Coffee 3:30 Watercolor Still-Life: Palm Trees 5:00 Dinner 6:00 Moonlight Movie
6 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Readings & Hymns 12:00 Lunch 1:00 Live Reggae Band! 3:00 Dessert and Coffee Social 3:30 Crafter's Corner: Tile Painting 5:00 Dinner 6:00 Moonlight Movie	7 Lighthouse Day 8:30 Local News 9:00 Chair Yoga 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Hangman Fun 12:00 Lunch 1:00 Musicalization! 2:00 Big Band and Jazz Era Trivia 2:30 Dessert and Coffee Social 3:30 Colored Pencil Relaxation: Lighthouses 5:00 Dinner 6:00 Moonlight Movie	8 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Basketball Challenge 12:00 Lunch 1:00 Indoor Horseshoes 2:00 Finish the Sentence Game 3:00 Reminiscing Circle 5:00 Dinner 6:00 Moonlight Movie	9 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Flower Arranging 12:00 Lunch 1:00 Bean Bag Toss / Scenic Bus Ride 2:00 Unlock the Memories 3:00 Dessert & Coffee Social 3:30 Summer Sensory Basket 5:00 Dinner 6:00 Moonlight Movie	10 S'mores Day 8:30 Today's Current Events 9:00 Chair Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Flower Arranging 12:00 Lunch 1:00 Bowling with Friends 2:00 Legendary Crooners 3:00 Dessert & Coffee Social 3:30 In the Kitchen: S'mores 5:00 Dinner 6:00 Moonlight Movie	11 8:30 Today's Current Events 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Word Scramblers 12:00 Lunch 1:00 Basketball Toss 2:00 National Geographic 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 5:00 Dinner 6:00 Moonlight Movie	12 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Word Scramble 12:00 Lunch 1:00 Velcro Catch 2:00 Funny Poetry 3:00 Dessert & Coffee Social 3:30 Sing Along with Instruments 5:00 Dinner 6:00 Moonlight Movie
13 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Readings & Hymns 12:00 Lunch 1:00 Indoor Bocce Ball 2:00 Word Games: Spelling Bee 3:00 Dessert & Coffee Social 3:30 Popcorn and Movie Star Trivia 5:00 Dinner 6:00 Moonlight Movie	14 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 <i>Reminisce</i> Stories 3:00 Dessert & Coffee Social 3:30 Poetry/Writer's Club or Putting on the Green 5:00 Dinner 6:00 Moonlight Movie	15 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Word Games 12:00 Lunch 1:00 Indoor Horseshoes 2:00 Finish the Sentence Game 3:00 Dessert & Coffee Social 3:30 Biography Hour 5:00 Dinner 6:00 Moonlight Movie	16 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club/ Scenic Bus Ride 11:00 Finish the Sentence Game 12:00 Lunch 1:00 Bowling Fun 2:00 Unlock the Memories: Big Band and Jazz Era 3:00 Dessert & Coffee Social 3:30 Travelogues Club 5:00 Dinner 6:00 Moonlight Movie	17 Luau Celebration! 8:30 Today's Current Events 9:00 Chair Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Flower Arranging/ Luau Craft 12:00 Lunch 1:00 Toss and Talk Trivia Ball Hula Performance! 3:00 Tropical Social 3:30 Travelogue: Hawaii 5:00 Dinner 6:00 Moonlight Movie	18 8:30 Today's Current Events 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walkers Club/ Bus Trip 11:00 Is That Your Final Answer? 12:00 Lunch 1:00 Balloon Badminton 2:00 Neighborhood Sing Along 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 5:00 Dinner 6:00 Moonlight Movie	19 Aviation Day 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Name 5 Game 12:00 Lunch 1:00 Tic Tac Toe/Bean Bag Toss 2:00 Sentimental Reflections / Gardening & Courtyard Stroll 3:00 Dessert & Coffee Social 3:30 Biography: The Wright Brothers 5:00 Dinner 6:00 Moonlight Movie
20 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Readings & Hymns 12:00 Lunch 1:00 Indoor Horseshoes 2:00 "Forgetfulness" Activity: Ideas to Help in Remembering 3:00 Dessert and Coffee Social 3:30 Creative Art: Butterfly Clothespins 5:00 Dinner 6:00 Moonlight Movie	21 Spumoni Day 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 12:00 Lunch 1:00 Balloon Badminton 2:00 Spumoni Ice Cream Party 3:00 Dessert & Coffee Social 3:30 Doll Show with Ruth 5:00 Dinner 6:00 Moonlight Movie	22 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 White Board Games 12:00 Lunch 1:00 Timless Trivia 1:30 Musical Entertainment with Vicky 3:00 Dessert & Coffee Social 3:30 Biography Hour 5:00 Dinner 6:00 Moonlight Movie	23 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club/ Scenic Bus Ride 11:00 Name that Car Game 12:00 Lunch 1:00 Bat the Balloon Game 2:00 Sing Along 3:00 Dessert & Coffee Social 3:30 Travelogue Club 5:00 Dinner 6:00 Moonlight Movie	24 8:30 Today's Current Events 9:00 Chair Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 12:00 Lunch 1:00 Chip Chucakin' Challenge 1:30 Red Hat Club 2:00 Scenic Cruises of the World 3:00 Dessert & Coffee Social 3:30 Bressi Choir Practice 5:00 Dinner 6:00 Moonlight Movie	25 8:30 Today's Current Events 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walkers Club/ Van Trip 11:00 Pictionary 12:00 Lunch 1:00 Chip Chucakin' Challenge 1:30 Movie: <i>Disney's Earth</i> 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 5:00 Dinner 6:00 Moonlight Movie	26 Dog Day 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Dog Days of Summer: Cool off with Fruit Smoothies! 12:00 Lunch 1:00 Bean Bag Target 2:00 Colorful Pencils: Dog Breeds 3:00 Dessert & Coffee Social 3:30 All About Dogs! 5:00 Dinner 6:00 Moonlight Movie
27 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Readings & Hymns 12:00 Lunch 1:00 Toss and Talk Trivia Ball 2:00 State Trivia 3:00 Dessert & Coffee Social 3:30 Afternoon Yoga / Trip to Frozen Yogurt Shop 5:00 Dinner 6:00 Moonlight Movie	28 8:30 Good Morning America 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 12:00 Lunch with Carmen 1:00 Joy of Watercolor with Peggy 3:00 Dessert & Coffee Social 3:30 Crafter's Corner: Birthhouse Door Hangers 5:00 Dinner 6:00 Moonlight Movie	29 Birthday Celebration 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Name 5 Game 12:00 Lunch 1:15 Music with Almario 3:00 Birthday Cake & Coffee 3:30 Biography Hour 5:00 Dinner 6:00 Moonlight Movie	30 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club/ Scenic Bus Ride 11:00 Pictionary 12:00 Lunch 1:00 Horseshoe Fun 2:00 Reminiscing: 1950's 3:00 Dessert & Coffee Social 3:30 Travelogue Club 5:00 Dinner 6:00 Moonlight Movie	31 8:30 Today's Current Events 9:00 Chair Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 12:00 Lunch 1:00 Fun with Watercolor 2:00 Name that Car Game 3:00 Dessert & Coffee Social 3:30 In the Kitchen with Chef Art 5:00 Dinner 6:00 Moonlight Movie		

Special Events

August 3
Watermelon Day

August 10
S'more Day

August 17
Luau Celebration

August 29
Birthday Party



Activities subject to change without notice.