When is the right time to reach out for help?

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Chief Operating Officer





## Warning Signs: Caregiver

### **Physical Health**

- ② Caregiver's health begins to decline
- Risks of injury arises: lifting, transferring, combativeness, violence

#### **Emotional Toll**

- Resentment and anger are present all the time
- Feelings of hopelessness, chronic fatigue and depression become routine



# Warning Signs: Environment

- The current living environment and the surroundings are no longer safe for the person with dementia:
  - Stairs
  - Exit seeking/gates/elopement
  - Gas stoves/open flames
  - Trip hazards



## Warning Signs: Delusions

- Profound memory loss and hallucinations
  - No longer recognize spouse/family members
  - Frightened by living in a home
  - Increased paranoia or combativeness

