

## ACTIVCARE AT BRESSI RANCH

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### ActivCare community opens in Bressi Ranch

ActivCare at Bressi Ranch, the next generation of residential memory care communities, announced its commu-

nity open house and ribbon cutting on Nov. 8. This community celebration included live entertainment, refreshments and guided tours.

The community features the ActivCare program which includes structured daily routine that focuses on safety and minimizes restlessness. The schedule is a balanced mix of cognitive brain games, meaningful creative workshops and stimulating physical exercise. Each ActivCare community is designed to enhance self-esteem by restoring feelings of usefulness, socialization and capacity to celebrate life.

Built from the ground up, this new community situated in the charming neighborhood of Bressi Ranch, provides an attractive residential environment specifically



designed, built and occupationally staffed to meet the needs of those with Alzheimer's and related dementias. The focus of each day is always on improving the lives of each and every resident.

Every part of the community is purposefully designed for individuals experiencing memory loss. An inviting lobby welcomes residents and family members. Themed Great Rooms accented with colorful murals provide residents assistance with way finding. Each courtyard complements with a sports ground available for residents to explore and enjoy while enjoying the outdoors.

ActivCare at Bressi Ranch features 80 accommodations including The Bressi Club which offers a residential assisted living lifestyle for those in the early stages of memory loss or mild cognitive impairment. ActivCare, the residential memory care program, has served more than 4,000 residents since its inception in 1984.