



# Town Hall Forum

## The Team Approach to Alzheimer's Care

***An educational seminar for family caregivers featuring Alzheimer's industry and medical experts.***

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and prepare yourself and your loved one.

**When:** Thursday, May 21, 2015  
8:30 am to 11:00 am  
*Continental Breakfast: 8:30 am*

**Where:** The Lakehouse Hotel & Resort Conference Center  
(Formerly Lake San Marcos Resort)  
1105 La Bonita Drive  
San Marcos, CA 92078  
*\*See directions on reverse side*

**Topics:** Learn the facts and realities about dementia from an ActivCare Medical Advisory Board member. Gather tips about who should be part of your care team and what to ask the doctor during your visits. You'll discover strategies for creating a safe and stimulating environment in your home. Learn how to make time for food, family and fun. For the caregiver, understand where to turn for help, education and alternative care options.

**RSVP:** Call 888-636-5677 or log onto [activcareliving.com](http://activcareliving.com)

**Free adult day care offered during the event at** The Glenner Memory Care Centers. Reservations are required at least one week in advance. Call the Encinitas Center at (760) 635-1895.



**Presented by:**

  
**ACTIVCARE**<sup>®</sup>  
Residential Memory Care



Southern Caregiver Resource Center  
*Caring for those who care for others*



To RSVP, please log onto  
**ActivCareLiving.com**  
or call ActivCare at  
**1-888-MEM-LOSS**

## **Directions to Lakehouse Hotel & Resort Conference Center**

**From I-5:** Go East on Palomar Airport Road, turn right at Rancho Santa Fe Road, turn left on Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with “Conference Center” displayed on the building.

**From I-15:** Go West on Highway 78 to San Marcos Blvd. Turn left on San Marcos Blvd., left on Rancho Santa Fe Road, and left at Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with “Conference Center” displayed on the building.

ActivCare Residential Memory Care  
9619 Chesapeake Dr., Ste 103  
San Diego, CA 92123

**Know someone with Alzheimer's?  
We can help!**