

Town Hall Forum

Panel Discussion: Alzheimer's — It's a Family Affair

An educational seminar for family caregivers featuring Alzheimer's industry and medical experts.

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and prepare yourself and your loved one.

Thursday, November 12, 2015 When:

8:30 am to 11:00 am

Continental Breakfast: 8:30 am

Where: Bonita Golf Course

5540 Sweetwater Road Bonita, CA 91902

*See directions on reverse side

Topics: Panel Discussion - Essential Topics for the family

> caregiver. Learn how Alzheimer's affects the family dynamic and how to avoid common mistakes following a diagnosis. Understand the importance of providing a safe environment and determining when it's the right time to seek care outside the

home.

Speakers: Mushrik Kaisey, MD - Board Certified Geriatric Internist

Alan Berkowitz, MD - Board Certified Geropsychiatrist

RSVP: Call 888-636-5677 or log onto <u>activcareliving.com</u>

Free adult day care offered during the event at

The Glenner Memory Care Centers. Reservations are required at least one week in advance. Call the South Bay Center at (619) 420-1703.











To RSVP, please log onto ActivCareLiving.com or call ActivCare at 1-888-MEM-LOSS

Directions to Bonita Golf Course

From I-805: Go East on Highway 54, exit at Briarwood Road. Turn right and continue down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Course is located on the right at 5540 Sweetwater Road.

From Highway 125: Take Highway 125 to Highway 54 and head west. Exit Briarwood Road and turn left. Go straight down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Course is located on the right at 5540 Sweetwater Road.

ActivCare Residential Memory Care 9619 Chesapeake Dr., Ste 103 San Diego, CA 92123

Know someone with Alzheimer's?
We can help!