



Town Hall Forum

Setting a Course for Successful Family Caregiving

A free educational seminar for family caregivers of those with Alzheimer's featuring medical and professional experts.

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and prepare yourself and your loved one.

When: Thursday, November 17, 2016
8:30 am to 11:00 am
Continental Breakfast: 8:30 am

Where: Sheraton Mission Valley
1433 Camino del Rio South
San Diego, CA 92108
**See directions on reverse side*

Topics: At this free seminar you will learn practical advice and guidance for your caregiver journey. Hear from a geriatric internist about setting a safe plan of care, how to best communicate with your doctor and recognizing warning signs. Also, our legal expert will provide guidance for how to put affairs in order to protect yourself and your loved one.

Speakers: Teja Singh, MD - Board Certified Geriatric Internist
Heidi Klippel - Attorney at Law, Trusts & Estates

Cost: This is a free educational event for family caregivers

RSVP: Reservations are required. Call 888-636-5677, ext. 9 or log onto activcareliving.com.



Presented by:


ACTIVCARE®
Residential Memory Care



Southern Caregiver Resource Center
Caring for those who care for others


GEORGE G. GLENNER
ALZHEIMER'S FAMILY CENTERS, INC.®

**Free Resources Available at
ActivCare at Mission Bay**

Call (858) 356-4563 to learn more.

*To RSVP, please log onto **ActivCareLiving.com**
or call ActivCare at **1-888-MEM-LOSS***


ACTIVCARE®
At
Mission Bay
Residential Memory Care

Directions to Sheraton Mission Valley

From I-5 or Highway 163: Go East on I-8, exit at Auto Circle/Mission Center Rd and turn right. Turn left onto Camino del Rio South. and continue to the Sheraton Mission Valley on the right at 1433 Camino del Rio South. Park in the lot and enter through the lobby.

From I-805, I-15: Go West on I-8, exit at Auto Circle/Mission Center Rd. Turn left at the exit and left again (on Mission Center Rd) to continue over the freeway. Turn left onto Camino del Rio South. and continue to the Sheraton Mission Valley on the right at 1433 Camino del Rio South. Park in the lot and enter through the lobby.

ActivCare Residential Memory Care
9619 Chesapeake Dr., Ste 103
San Diego, CA 92123

**Know someone with Alzheimer's?
We can help!**